

**Comfort Family Dentistry  
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### **HOME CARE FOR CROWN AND BRIDGE PROCEDURES**

- 1.) **FOOD:** Normal diet, with exception of sticky, gooey foods. (Example; chewing gum, taffy and gummy bears).
- 2.) **BRUSHING AND FLOSSING:** Brush and floss as usual. When removing dental floss unwind off one finger, than pull out the side. Pulling floss up when removing may loosen temporary crown.
- 3.) **FOR PATIENTS WITH BRIDGE WORK:** Floss sides of temporary bridge. Then using provided floss threaders insert tip of threader under artificial tooth. Place dental floss in eye of floss threader. Hold one end of floss, while pulling floss threader through with the other. Floss entire surface under artificial tooth. Pull floss out the side.

**If temporary crown or bridge should come off, we need to see you as soon as possible. If temporary work is left off for a long period of time, this could result in shifting of teeth. If this occurs final work may not fit!**

